

# Out of the Blue

The UK Whale & Dolphin Stranding Scheme

## Out of the Blue

#### **Overview – Dr Michael Dixon, Director**

I've yet to meet anyone who hasn't dreamed of swimming with dolphins or watching whales. These intelligent and acrobatic marine mammals have firmly established themselves in the hearts of people across the world. And yet we still know very little about them.

Every year in the UK, between 350-800 whales, dolphins and porpoises (collectively known as cetaceans) are washed ashore. The number of dead animals is increasing each year and we urgently need to understand the devastation happening in our waters.

Through the work of the UK Whale & Dolphin Stranding Scheme the Natural History Museum and its partners are collecting vital information to increase our understanding of whales, dolphins and porpoises. Our scientists provide accurate and essential data for other researchers, government agencies, conservationists and animal welfare groups on stranding numbers and the causes of death in order to help our understanding and hopefully their conservation in the future. This report outlines the extensive work carried out by the Natural History Museum in monitoring and researching whales, dolphins and porpoises, including:

- > recording the number of strandings year on year
- > the identification of UK stranding patterns
- > highlighting areas of the UK that experience the highest frequency of stranded marine mammals
- > working in partnership with other scientific institutions on joint research initiatives, including diet, age, causes of death and behaviour
- > working with local and regional agencies and environmental groups to identify marine animals and build upon existing records and information for future research

Stranded killer whale

## The UK Whale & Dolphin Stranding Scheme

The Natural History Museum has been recording and investigating incidents of whale, dolphin and porpoise strandings from around the coasts of the UK for more than 100 years. It is one of the longestrunning scientific investigations of its kind and has helped to build valuable information on marine species un-paralleled elsewhere in the world.

Through a nation-wide network of surveyors it closely monitors the trends in strandings to increase our understanding and to aid the survival of some of the UK's most charismatic marine creatures. The scheme is uniquely placed to react quickly to marine conservation and political issues. Analytical reports can be rapidly compiled on cetacean distribution, biology, ecology and causes of death. The UK Whale & Dolphin Stranding Scheme is the centre of a coordinated investigation, funded since 1990 by the Department for Environment, Food and Rural Affairs (Defra), into the biology and ecology of cetacean populations around the United Kingdom. It contributes to the UK's programme of research on the North Sea and its response to ASCOBANS (the Agreement on the conservation of Small Cetaceans of the Baltic and North Seas). Investigations are carried out in association with the Zoological Society of London which has responsibility for autopsies.

#### Library of Life

The Museum's collections of over 70 million plant, animal, fossil and mineral specimens include 5,800 specimens of marine mammals. Our collections inspire thousands of visitors every day but also provide an invaluable research resource helping scientists and conservationists across the world understand marine wildlife.

#### Fishes Royal – marine mammals and the law

In 1324, a law was passed that granted the Crown all rights to cetaceans stranded on, or caught in the waters of England and Wales. Similar rights were claimed for the Crown of Scotland. These animals were described as 'Fishes Royal'. The rights were transferred to the Natural History Museum in 1913 and since then over 11,000 animals have been recorded.

Among the collections are specimens dating back to 1575, rare species such as the narwhal, usually found in the Arctic around Greenland, and Fraser's dolphin recorded in UK waters for the first time in 1996.

Today's research depends on a comprehensive and continually developing collection. Local reports of dead carcasses are acted upon quickly by Museum staff to preserve the remains for scientific research and to aid future conservation.

FLATE A

In 1927 an entire population of 168 false killer whales were stranded on the north east coast of Scotland. With the help of many local people the stranded animals were examined, measured, sampled, dissected and preserved at the site and finally transported to the Museum to form part of the national collection, providing a groundbreaking study of an entire population of false killer whales. Until 1927, false killer whales had only been known in the UK from sub-fossil remains found in the Lincolnshire fens.

Sperm whale of the Southern Ocean, 1836 by Sir William Jardine

## **Research Matters**

Much is still unknown about population size, distribution, seasonality, behaviour and causes of death in marine mammals around the UK. Without this knowledge it is difficult to judge the significance of an individual stranding or the sudden death of a large number of animals.

In 1992 more than 100 dolphins were accidentally drowned in fishing nets off southwest England, in 1988 a new-born bottle-nosed dolphin found stranded in Cardigan Bay, Wales demonstrated very high levels of pollution, and in 2003 the highest number of stranded cetaceans was reported around the United Kingdom since records began in 1913. This dramatic increase emphasises the value and need for long-term monitoring and analysis of information.

Over the years the UK Whale & Dolphin Stranding Scheme has developed in range and scope, with carcasses being recovered from around the coast and brought to London for detailed examination.

Today the Museum's research is focused upon:

- > finding out how many whales, dolphins and porpoises are stranded or wash up on the coasts of England, Wales, Scotland and Northern Ireland per year
- determining what species they are and where and when they strand
- > examining their age and sex profile
- looking at long-term feeding strategies and seasonal distribution
- undertaking post-mortems with the Zoological
  Society of London to uncover the cause of death

White-sided dolphin stranded in Sussex

The ages of stranded cetaceans are examined by looking at growth lines in their teeth. Cetacean stomach contents are analysed to help researchers understand the nature of their ecology and parasites found both internally and externally are identified.

## Working in Partnership

Without the help and cooperation of volunteers and a network of conservation, animal welfare, professional bodies and other scientific institutes, the work of the Natural History Museum would not be possible.

Experienced surveyors supervise individuals and teams of volunteers who check key sites and coastlines for stranded animals. Their quick response often helps the recovery of a carcass before it is washed away by the tide or becomes too decomposed to be of any scientific value. Reports made quickly can help scientists discover more precisely the circumstances surrounding the animal's death.

## Stranding Trends

The UK Whale & Dolphin Stranding Scheme provides a detailed overview of stranded cetacean numbers and a valuable insight into distribution patterns over time.

Figure 1 shows the total number of strandings over a ten year period (1994-2004). The last five years (1999-2004) have seen increasing numbers of UK stranded cetaceans, predominantly due to winter strandings of short-beaked common dolphins (*Delphinus delphis*) and harbour porpoises (*Phocoena phocoena*) in south west England. This increase appears to reflect a genuine rise in net entanglement-related deaths (bycatch). Long term monitoring and detailed post-mortem analysis of strandings provide us with vital evidence of the causes of death and the ability to apply this knowledge for future conservation measures.







#### **Threats to Marine Mammals**

Although the absolute numbers of whales, dolphins and porpoises are unknown, many conservation groups believe that the current numbers of dead stranded animals represent a significant, and unsustainable, impact on populations. Comparing the overall total of 782 strandings in 2004 with 360 strandings in 1994 reveals that reported strandings have risen by 422, effectively doubling in the last 10 years.

There are a variety of causes of death to UK whales and dolphins:

- entanglement in fishing nets, known as bycatch
- marine pollution a wide range of pollutants are discharged into the sea including heavy metals such as mercury, pesticides and industrial chemicals. Untreated sewage may also present the threat of infection
- infectious diseases parasitic lung infection, pneumonia or fungal infections
- > starvation
- over-fishing mackerel, herring, sprats and sand eels have all declined in British waters, depriving cetaceans of food
- disturbance and accidental collision with boats and propellers
- noise pollution anthropogenic noise, including commercial dredging, potential effects of naval sonar, busy shipping lanes

Sperm whale stranded at Gibraltar Point, Lincolnshire

## Stranding Hotspots



The most commonly stranded species in the UK is the harbour porpoise, followed by the common dolphin. Harbour porpoises are found all around our coastline, while common dolphins are primarily concentrated in the southwest. White-beaked dolphins are common in the northern North Sea, while giants such as the sperm whale, the fin whale and the minke whale are rarer and more often found in Scottish waters.

Maps 1–3 represents the main distribution patterns of all stranded cetaceans in the UK. Strandings are concentrated around the coasts of Cornwall, west Wales, the Outer Hebrides and scattered along North Sea coasts from central East Anglia to the Shetland Islands. Cornwall has by far the highest number of reported strandings year on year in England and for the UK. The Outer Hebrides has the highest number for Scotland and Gwynedd's coastal area has the highest number for Wales.

Strandings occur throughout the year. In some areas, like Cornwall, the majority occur between December to February. In others, like Norfolk or Northumberland, strandings can occur at any time. The areas where strandings take place can be determined by a variety of factors, including sea currents, local geography, prevailing winds, storms and fisheries activity. The areas with the highest number of strandings year on year, or stranding hotspots, include:

- England Mount's Bay, Cornwall Whitsand Bay and Looe, Cornwall Gerran's Bay & Veryan Bay, Cornwall Thurlestone, Devon
- Wales Barmouth area, Gwynedd Tywyn area, Gwynedd Aberdaron area, Gwynedd
- Scotland Outer Hebrides Firth of Forth Grampian/Aberdeen area



## How to Help Stranded Whales and Dolphins

If you come across a whale, dolphin or porpoise and the animal is alive you should phone

the RSPCA for England and Wales

the Scottish SPCA for Scotland

0870 5555 999 0131 339 0222

If you discover a dead whale, dolphin or porpoise the stranding should be reported as soon as possible to:

The Natural History Museum for strandings in England

020 7942 5155

Scottish Agricultural College for strandings in Scotland  $01463\ 243030$ 

Marine Environmental Monitoring for strandings in Wales  $01348\ 875000$ 

In order to help Museum scientists please provide the following information:

- an accurate description of its location (where possible a grid reference)
- > what you think it is (whale, dolphin, porpoise be as specific as you can – describing its colour, shape and markings, and whether it has teeth or baleen plates)
- > its condition/appearance (has it just washed up, has it started to decompose?)
- > the approximate length of the animal

If possible tie a label around the tail, with your name, date and where it was found. These help with identification in case the animal is swept out to sea and turns up elsewhere.

If the carcass is required for post-mortem examination by the Zoological Society of London, or for the Natural History Museum's research collection, you may be asked to help secure the body to stop it drifting away. Please remember that diseases can be transmitted to humans from the dead bodies of animals. Be careful, wear gloves and wash your hands thoroughly after contact. Most importantly, never put yourself at risk.

Humpback whale spout

## Identification



Harbour porpoise (Phocoena phocoena)

- > Small up to 1.7m long
- > Distinctive small triangular dorsal fin with broad base
- Dark grey upper body, usually no markings and a white underside
- > Head tapers to a point, with no beak
- Present all year round, but most commonly seen off western Britain from April to August



### Bottlenose dolphin (Tursiops truncatus)

- Large dolphin up to 3.8m long
- Tall and slender dorsal fin, usually sickle-shaped
- Grey upper body with a paler grey underside
- Short stubby distinct beak
- Most frequently seen July to October



## (Globicephala melas)

- > Stocky body up to 7m long
- > Low dorsal fin, twice as long as it is high
- > Black or dark grey with a paler stripe passing diagonally behind the eye
- > Anchor-shaped grey/white patch on chin
- > Bulbous head
- Most frequently seen June to September



## White-beaked dolphin (Lagenorhynchus albirostris)

- > Up to 3.2m long
- > Large, sickle-shaped dorsal fin
- > Short, white beak
- Black back with a white or grey area behind the dorsal fin, forming a pale 'saddle'
- Most frequently seen June to October

## Minke whale (Balaenoptera acutorostrata)

- Medium sized whale up to 10m long.
- > Dark grey/black back with a curved dorsal fin
- > White band on the outer side of the flippers.
- > Very pointed head.
- Mouth contains plates of pale yellow baleen on either side of upper jaw
- Most frequently seen May to September



## Common dolphin (Delphinus delphis)

- > Up to 2.6m long
- > Dorsal fin can be curved or triangular and vary in colour.
- Dark cape on their back with a v-shape under the dorsal fin, tan or yellowish patch on each side and a white underside with occasional yellow streaks. The flukes (tail) are dark on both sides.
- Most frequently seen December to April off southwest England and May to July off south Wales



#### Striped dolphin breaching

## **UK Marine Mammals**

Since 1913 the Natural History Museum has recorded 25 species of cetaceans in UK waters. New research techniques are helping us to learn whether they are residents or just passing through.

### **Baleen Whales**

Black Right Whale Fin Whale Minke Whale Blue Whale Sei Whale Humpback Whale Eubalaena glacialis Balaenoptera physalus Balaenoptera acutorostrata Balaenoptera musculus Balaenoptera borealis Megaptera novaeangliae

#### **Toothed Whales**

Striped Dolphin Common Dolphin Bottlenose Dolphin White-sided Dolphin White-beaked Dolphin

Fraser's Dolphin False Killer Whale Killer Whale Risso's Dolphin Long-finned Pilot Whale Harbour Porpoise Beluga Whale Narwhal Pygmy Sperm Whale Sperm Whale Sowerby's Beaked Whale True's Beaked Whale Cuvier's Beaked Whale Northern Bottlenose Whale Hyperoodon ampullatus

Stenella coeruleoalba Delphinus delphis Tursiops truncatus Lagenorhynchus acutus Lagenorhynchus albirostris Lagenodelphis hosei Pseudorca crassidens Orcinus orca Grampus griseus Globicephala melas Phocoena phocoena Delphinapterus leucas Monodon monoceros Kogia breviceps Physeter catodon Mesoplodon bidens Mesoplodon mirus Ziphius cavirostris

Flukey Facts

At up to 29m long blue whales are the largest creatures ever to have lived on Earth, even bigger than the dinosaurs.

The blue whale is the loudest animal on Earth and their calls can reach 188 decibels, louder than a jet engine.

A blue whale can eat four tonnes of krill a day – equivalent to eating 10,000 cans of beans.

Unlike any other mammal, dolphin and whale babies are born tail first.

Different killer whale groups have their own sounds. Each family uses a set of distinct calls that give them a unique dialect.

Whales and dolphins only sleep with half their brain inactive at a time. While one side catnaps, the other half stays vigilant and keeps the animal breathing (a voluntary action for

whales and dolphins).

Cetaceans without teeth sieve krill and small fish through huge comb-like plates (baleen) that allow the water to filter out. Baleen is made from keratin, the same material as our hair and fingernails.

Whale milk tastes like a mixture of fish, liver, milk of magnesia, and castor oil. A baby blue whale drinks over 50 gallons of this nourishing mixture in a day.

Whales evolved from land mammals and their closest living relatives on land are hippos.

The Ancient Greeks believed dolphins riding in a ship's wake was a good omen for a smooth voyage.

False killer whale showing threat display to warn off intruder

## Learning About Our World

The success of the UK Whale & Dolphin Stranding Scheme relies heavily upon the efforts of the countless numbers of individuals and organisations that make regular reports to the Natural History Museum. They include:

## H M Coastguard Cornwall Wildlife Trust Brixham Seawatch Devon Wildlife Trust National Marine Aquarium **Durlston Marine Project** Hampshire Wildlife Trust Marine Environmental Monitoring Ulster Museum Environment Department, Jersey Royal Scottish Museum, Edinburgh

#### Links

The Natural History Museum promotes education and awareness of the diversity of wildlife and their habitats. For further information on our work and the work of our partners please visit:

UK Whale & Dolphin Stranding Scheme	www.nhm.ac.uk/zoology/stranding
Zoological Society of London	www.zsl.org
Scottish Agricultural College	www.sac.ac.uk
Marine Environmental Monitoring	www.strandings.com
Defra	www.defra.gov.uk
The Wildlife Trusts	www.wildlifetrusts.org
British Divers Marine Life Rescue	www.bdmlr.org.uk
Brixham Sea Watch	www.brix hamse a watch.fsnet.co.uk
Durlston Marine Project	www.durslton.co.uk/marine
Hebridean Whale and Dolphin Trust	www.HWDT.org
RSPCA	www.rspca.org.uk
The Whale and Dolphin Conservation Society	www.wdcs.org
The Irish Whale and Dolphin Group	www.iwdg.ie



The UK Whale & Dolphin Stranding Scheme is funded by the Department for Environment, Food and Rural Affairs to monitor strandings of live animals, numbers of dead carcasses, to identify the species involved, their age, sex distribution, biology, ecology and causes of death.

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Surveying common dolphins

## UK Whale & Dolphin Stranding Scheme

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